

Katrina F. Ostmeyer

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Education

- Ph.D. May 2014 Virginia Tech (Clinical Psychology)
Blacksburg, VA
Dissertation Chair: Angela Scarpa
Committee: Julie Dunsmore, Thomas Ollendick, Susan White
Dissertation title: Development and Testing of a Primary Tier
Social Skills Program: Effects for Children with Exceptionalities
- M.S. May 2012 Virginia Tech (Clinical Psychology)
Blacksburg, VA
Thesis Chair: Angela Scarpa, Ph.D.
Committee: Thomas Ollendick, Robin Panneton
Thesis title: Emotion Recognition of Dynamic Faces in Children
with Autism Spectrum Disorder
- M.A. May 2009 Washburn University (Psychology with a Clinical Emphasis)
Topeka, KS
Thesis Chair: Cynthia Turk
Thesis Committee: Joanne Altman, Laura Stephenson
Thesis title: Anxiety Sensitivity as a Mediator between Anxiety
Symptoms and Externalizing Behaviors
- B.G.S. May 2006 University of Kansas (Psychology, Applied Behavioral Science)
Lawrence, KS
Advisor: James Sherman, Ph.D.

Certification & Licensure

Licensed Psychologist (LP)
License Number: LP 2579
License received January 2018
OASIS-P certified

Licensed Behavior Analyst (LBA)
License number: LBA 100
License received October 2016

Board Certified Behavior Analyst (BCBA)
Certification number: 1-12-12344
Certification received September 2012
Certified to supervise BCBA/BCaBA candidates, BCaBA, and RBT level providers

Current Professional Affiliations

Applied Behavior Analysis International (ABAI)
Kansas Association for Applied Behavior Analysis (KANSABA)
American Psychological Association (APA)

Professional Activities

2017-current: Kansas Advocates Network member
2017-current: Guest reviewer for *The Journal of Autism and Developmental Disabilities*
2016: Guest reviewer for *The Journal of Experimental Education*.
2015-2016: ABA CPT Code Revision Workgroup
2015-2018: BCBS/New Directions Autism Provider Advisory Committee
2015: Reviewer for the ABCT annual convention.
2015: HCBS Final Rule Onsite Assessment Workgroup
2013: Guest reviewer for *Journal of Child and Family Studies*.
2011: Reviewer for the Virginia Tech Graduate Student Association (GSA) Research Symposium

Clinical & Administrative Experience

Staff Psychologist May 2019-Present
Sunflower Pediatric Behavioral Health
Shawnee, KS

Private Practice August 2018-Present
Beyond the Individual
Shawnee, KS

Primary Investigator May 2017-Present
Behavioral Technologies Consulting Organization
Basehor, KS

Associate Executive Director June 2015-August 2018
Integrated Behavioral Technologies, Inc.
Basehor, KS

Director of Community Research and Clinical Services May 2014-June 2015
Integrated Behavioral Technologies, Inc. Basehor, KS

Pre-Doctoral Intern/LEND trainee August 2013-May 2014
University of Kansas Medical Center, Center for Child Health and Development,
Kansas City, KS
Leadership Education in Neurodevelopmental Disabilities program

Supervisor: Cathy Smith

Pre-Doctoral Intern June 2013-May 2014
Integrated Behavioral Technologies, Inc.
Basehor, KS

Private Behavioral Consultant January 2010-June 2013

Student Assistant & Intern August 2007-May 2009
Kansas City Center for Anxiety Treatment, Overland Park, KS

Academic Supervision & Teaching Experience

Lecturer

University of Kansas Clinical Child Psychology Program

Courses Taught:

Practicum in Clinical Child Psychology Spring 2018-Present

Adjunct Professor

Washburn University Department of Psychology

Courses Taught:

Introductory Psychology Fall 2014; Spring 2015

Psychology of Learning Spring 2015

Psychological Assessment of Children (graduate) Fall 2016

Psychological Assessment of Children Practicum (graduate) Fall 2016

Marriage, Child, and Family Therapy (graduate) Spring 2017

Marriage, Child, and Family Therapy Practicum (graduate) Spring 2017

Adjunct Professor

University of Florida Department of Behavior Analysis

Courses Taught:

Intensive Practicum Supervisor Fall 2013; Spring 2014

Graduate Teaching Assistant

Virginia Polytechnic Institute and State University, Blacksburg, VA

Courses Taught:

Field Study Supervisor Spring 2011, Spring 2012, Fall 2012, Spring 2013

Working with Children with Autism:

Preparation for After-School Program Fall 2011

Basics of Behavior Analysis and

Early Autism Intervention Spring 2010

Funded Grants

NIDILRR SBIR Phase I Grant, September 2019

Increasing Accessibility of Services for Individuals on the Autism Spectrum via Refinement of a

Distance-Based Training and Supervision Platform
Role: Primary Investigator
Funded: \$99,763

NIDRR SBIR Phase II Grant, September 2015
Development and Evaluation of the Online and Applied System for Intervention Skills (OASIS)
Program for the Supervision of Professionals Working with Young Children with Autism.
Role: Primary Investigator
Funded: \$454,785

Autism Speaks Community & Family Services Neighborhood Grant, January 2015
Increasing Peer Acceptance and Appropriate Social Behaviors in Academic Settings
Role: Primary Investigator
Funded: \$5,000

NIDRR SBIR Grant, September 2014
Development and Evaluation of the Online and Applied System for Intervention Skills (OASIS)
Program for the Supervision of Professionals Working with Young Children with Autism.
Role: Primary Investigator
Funded: \$74,995

Autism Speaks Community & Family Services Grant, June 2011
ASD Social Skills Training and Peer Mentoring in Schools
P.I.: Angela Scarpa
Role: Co-Investigator
Funded: \$20,400

Peer-Reviewed Publications

Seok, S., DaCosta, B., McHenry-Powell, M., Heitzman-Powell, L., & **Ostmeyer, K.** (2018). A systematic review of evidence-based video modeling for students with emotional and behavioral disorders. *Education Sciences*, 8(4), 170. doi:10.3390/educsci8040170

Bryson, S. & **Ostmeyer, K.** (2014). Identifying and addressing community mental health training needs in regard to autism spectrum disorders. *Administration and Policy in Mental Health and Mental Health Services Research*, 1-14. doi: 10.1007/s10488-013-0533-1

Ostmeyer, K. & Scarpa, A. (2012). Examining school-based social skills program needs and barriers for students with high-functioning autism spectrum disorders using participatory action research. *Psychology in the Schools*, 49(10), 932-941.

Revise and Resubmit

Scarpa, A., Openden, D., Dahiya-Singh, A.V., McIntosh, R., & **Ostmeyer, K.** (2018). Pivotal Response Treatment for Autism: A Brief Report on Training for Rural Communities. *Manuscript submitted.*

In preparation

Sarno, J., Heitzman-Powell, L., & **Ostmeyer, K.** (in prep). Towards a Behavior Analytic Definition of Soft Skills. *Behavior Analysis in Research and Practice*

Ostmeyer, K., Kessler, E., & Heitzman-Powell, L. (in prep). Time, cost, and quality analysis of cloud-based data collection in a home and community setting.

Ostmeyer, K. & Koehler, K. (in prep). Comparison of three interdependent contingencies on positive peer reporting in a general education classroom.

Peyton, R., Heitzman-Powell, L., & **Ostmeyer, K.** (in prep). Applied behavior analysis within a trauma-informed approach.

Sarno, J., Heitzman-Powell, L., & **Ostmeyer, K.** (in prep). Teaching active listening to behavior analysts: A pilot study.

Non-Peer-Reviewed Publications

Peyton, R., Heitzman-Powell, L., & **Ostmeyer, K.** (2017). Comparing behavioral treatments and trauma-informed care in the treatment of children with emotional disturbance. *White paper commissioned by High Roads School of Connecticut.*

Ostmeyer, K. & Scarpa, A. (2012). Promoting Academics and Interpersonal Relationships in Schools: The PAIRS Program Grades 1-2. https://www.autismspeaks.org/sites/default/files/the_pairs_program_manual.pdf

Selected Oral Presentations

Heitzman-Powell, L., **Ostmeyer, K.**, Schmidt, C.T., & Garden, R. (2020). Increasing access to ABA services using telehealth technology: Research, challenges, and successes. Panel presented at the 46th Annual Applied Behavior Analysis International Convention, Remote.

Sarno, Jana, **Ostmeyer, K.**, & Heitzman-Powell, L. (2018). Towards identifying, shaping, and maintaining professional soft skills among behavior-analytic practitioners. Workshop presented at the 44th Annual Applied Behavior Analysis International Convention, San Diego, CA.

Sarno, Jana, **Ostmeyer, K.**, & Heitzman-Powell, L. (2017). Towards identifying, shaping, and maintaining professional soft skills among behavior-analytic practitioners. Workshop presented at the 43rd Annual Applied Behavior Analysis International Convention, Denver, CO.

Heitzman-Powell, L., **Ostmeyer, K.**, Sarno, J., & LeFebvre, S. (2017). Supervision and training of BCBA candidates in home and community settings. Panel presented at the 43rd Annual Applied Behavior Analysis International Convention, Denver, CO.

Ostmeyer, K., Heitzman-Powell, L., & McHenry, Mikayla (2017). Treatment goal development for insurance approval. Workshop presented at the 43rd Annual Applied Behavior Analysis International Convention, Denver, CO.

Wallace, M.D., Guercio, J.M., Lundervold, D.A., & **Ostmeyer, K.** (2016). Should/could BCBA's intervene for anxiety and stress-related behavior among individuals with autism spectrum disorder? Symposium presented at the 42nd annual Applied Behavior Analysis International Convention, Chicago, IL.

Heitzman-Powell, L., **Ostmeyer, K.**, & McHenry, M. (2016). First three months of intervention for children with autism: A developmental perspective. Workshop presented at the 42nd annual Applied Behavior Analysis International Convention, Chicago, IL.

Ostmeyer, K. & Scarpa, A. (2013). Group contingency systems and autism spectrum disorders: Applicability & effectiveness in the mainstream classroom. Paper presented at the 39th annual Applied Behavior Analysis International Convention, Minneapolis, MN.

Poster Presentations

Dahiya-Singh, A., Scarpa, A., Openden, D., McIntosh, R., & **Ostmeyer, K.** (2019). Pivotal response treatment for autism spectrum disorder: Training for rural communities. Poster accepted at the International Convention of Psychological Science, Paris, France.

Koehler, K. & **Ostmeyer, K.** (2017). Comparison of three interdependent contingencies on positive peer reporting in a general education classroom. Poster presented at the 43rd annual Applied Behavior Analysis International Convention, Denver, CO.

Boydston, P. & **Ostmeyer, K.** (2016). Increasing distance-based provider accountability through performance feedback. Poster presented at the 42nd annual Applied Behavior Analysis International Convention, Chicago, IL.

Ostmeyer, K. & Scarpa, A. (2014). Development and Testing of a Primary Tier Social Skills Program: Effects for Children with Exceptionalities. Poster presented at the 48th annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.

Ostmeyer, K., Scarpa, A., Openden, D., Barry, L.M., Seymour, B., & McIntosh, R. (2013). Effectiveness and Generalization of an Intensive PRT Provider Training Program. Poster presented at the 40th annual Applied Behavior Analysis International Convention, Chicago, IL.

LeDoux, M. & **Ostmeyer, K.** (2013). An Analysis of Barriers and Solutions to Teaching Play Skills Using Video Modeling. Poster presented at the 39th annual Applied Behavior Analysis International Convention, Minneapolis, MN.

Ostmeyer, K., Lorenzi, J., Scarpa, A., & Panneton, R. (2012). Emotion identification accuracy

and tracking in ASD. Poster presented at the 46th annual Association for Behavioral and Cognitive Therapies Convention, National Harbor, MD.

Ostmeyer, K. & Scarpa, A. (2012) Development of a school-based social skills program: The role of qualitative and quantitative data in participatory action research. Poster presented at the 2012 International Meeting for Autism Research, Toronto, ON.

Lorenzi, J., **Ostmeyer, K.**, & Scarpa, A. (2012). Negative versus positive emotion identification in children with autism spectrum disorders. Poster presented at the 2012 International Meeting for Autism Research, Toronto, ON.

Ostmeyer-Kountzman, K. & Scarpa, A. (2011). Emotion regulation and social behaviors in children with autism. Poster presented at the 23rd annual Association of Psychological Science Convention, Washington D.C.

Ostmeyer-Kountzman, K., Turk, C.Hale, L., and Jacobsen, A. (2010) Anxiety sensitivity as a mediator between anxiety symptoms and externalizing behaviors. Poster presented at the 30th annual Anxiety Disorders Association of America Conference, Baltimore, MD.

Ostmeyer-Kountzman, K., Hale, L., and Jacobsen, A. (2009). Quality of life across the developmental trajectory: The role of affectivity. Poster presented at the 43rd annual Association for Behavioral and Cognitive Therapies Convention, New York, NY.

Ostmeyer, K., Hale L., and Jacobsen, A. (2008). Externalizing symptoms in children diagnosed with anxiety disorders. Poster presented at the 42nd annual Association for Behavioral and Cognitive Therapies Convention, Orlando, FL.

Ostmeyer, K., Hale, L., & Brown, A. (2008). The role of childhood anxiety sensitivity across internalizing and externalizing symptoms. Poster presented at the 28th annual Anxiety Disorders Association of America Conference, Savannah, GA.

Hale, L., Nelson, C., Aupperle, R., Savage, C., Brooks, W., Brown, A., Danda, C., **Ostmeyer, K.**, & Stickels, K. (2007). If you build it, they will come: Real world challenges and solutions in building clinical research for anxiety disorders. Poster presented at the University of Kansas Medical Center Faculty-Day Poster Session in Kansas City, KS.

Turk, C. & **Ostmeyer, K.** (2007). Generalized anxiety disorder questionnaire-IV: Preliminary Data on psychometric properties and utility as a screening instrument. Presented at the 41st annual Association for Behavioral and Cognitive Therapies Convention in Philadelphia, PA.

Turk, C., Stortz, C., **Ostmeyer, K.**, & Richey, R. (2007). Emotional understanding and perfectionism among individuals classified with and without generalized anxiety disorder. Presented at the 41st annual Association for Behavioral and Cognitive Therapies Convention in Philadelphia, PA.

Research Interests

- Increasing access to evidence-based practices across settings and populations
- The provision of quality, evidence-based supervision and training in behavioral and mental health